

Dr. Marcy Cole, L.C.S.W, Ph.D. - Bio



Dr. Marcy Cole, L.C.S.W, Ph.D. is a Holistic Psychotherapist, Author, Speaker, Community Organizer, and Humanitarian Visionary.

She received her B.S. in Communication Studies, majoring in Radio/Television and Film from Northwestern University in Evanston Illinois. She earned a Master's degree in Clinical Social Work at Loyola University in Chicago, and a Doctorate in Philosophy from the Institute of Clinical Social Work in Chicago.

Dr. Cole has worked in both in-patient and out-patient settings with adolescents, adults, couples and families. For the past 15 years, she has developed an extensive private practice, working with insight-oriented adults and couples interested in improving the quality of their lives. Her orientation is integrative - merging traditional and holistic modalities of treatment. Dr. Cole views the treatment process as one which embodies the creation of a safe space for personal reflection, re-evaluation, healing, transformation, and manifestation. The goal is to assist each individual to come to know and value themselves, releasing that which does not serve them and focusing on that which promotes a healthy sense of mind/body/spirit vitality and well-being.

The services that Dr. Cole can provide include Adult and Couples Psychotherapy, Group/Corporate Consultation, Writing, Workshops and Speaking Engagements. Dr. Cole offices at the [Wheel of Wellbeing](#) in Westwood California. She is also available for phone consultation. Contact email is: Marcy@DrMarcyCole.com

As an author, Dr. Cole's published doctoral dissertation, a qualitative study on "The Experiences of Never Married Women from the ages 29-39 who desire marriage and children," was published in 1999. She is best-selling co-author of: [Living Proof: Celebrating the Gifts that Came Wrapped in Sandpaper](#) and [Get Your Woman On: Embracing Beauty, Grace and the Power of Women](#). Dr. Cole is also a [blog author for the Huffington Post](#).

Dr. Cole speaks on a variety of topics, and has been featured as an expert on television shows such as, [Dr. Drew's LifeChangers](#) on CW network, [Millionaire Matchmaker](#) on Bravo, [Braxton Family Values](#) on WE network, and Issues with [Jane Valez-Mitchell](#) on HLN.

In 2004, Marcy has founded and facilitated live and on-line programing for [First Tuesday LA](#), a women's group dedicated to creating a sense of community through social connectivity, professional networking and social service.

In the fall of 2011 Marcy launched an on-line platform for women without children, whether by choice or circumstance: [Childless Mother's Connect](#). She is also the Founder and Executive Director for a Non-Profit organization called "[CMomA](#)" (Childless Mothers Adopt) offering support to childless single women and couples who seek to adopt children in need. Contact email is: Marcy@CMomA.org.

Dr. Marcy Cole Press Kit

- Download [Dr. Marcy Cole's Bio](#)
- Download [Marcy Cole, Ph.D. Headshot](#)
- Click here to learn more about [Marcy Cole's Psychotherapist Practice](#).

Speaking Topics

- [Learn about Dr. Marcy Cole, the speaker.](#)
- Learn more about [Marcy Cole's Psychotherapist Practice](#) and topics that she could address.
- "The Power of Women in Connection, Collaboration, Celebration and Community"
- "Finding and Choosing the Women in Your life who are for Life"
- "Maintaining Optimal Health in a very Busy life: Finding the balance between Self, Home, Family, and Career"

Videos Gallery of Dr. Marcy's Talks

- [Marcy Cole, Ph.D. on Dr. Drew's "Life Changers"](#)
- [The Joy of Living in Your Higher Ground](#)
- [Women in Connection](#)
- [Finding Your Beloved and Keeping Your Love Alive](#)
- [From Surviving to Thriving](#)
- [Self-Love](#)

Media/Press Appearances & Commentary

- [Braxton Family Values on "WE" Network](#)
- [Millionaire Matchmaker on Bravo](#)
- [Issues with Jane Valez-Mitchell on HLN](#)
- [Contributing Author on Huffington Post](#)
- [Radio Interview: April 2008: Interview with Marcy Cole, Ph.D. on Women's Radio](#)
- ["From Survivors to Thrivers" Interview: Spring 2010](#)
- [Odyssey Seminars and Talk Radio Interview: October 2010](#)

Print

- [Wheel of Wellbeing On-line newsletter](#)
- [Featured in Smart Living LA, August 2009](#)

Contact

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